



LEADERSHIP DEVELOPMENT TO SUCCESSFULLY LEAD YOURSELF AND OTHERS

23-24th MARCH, 2020, CHRISTCHURCH.

Highly developed and effective leadership skills form the foundation of a well-functioning organisation and a satisfying professional career. This 2-day workshop provides detailed knowledge and practical skills in building positive leadership of self and others, as well as the relationship between leadership, workplace culture and achieving effective performance.

Informed by the latest research in contemporary leadership, neuroscience, and people management, this engaging workshop provides *detailed frameworks, theories, practical knowledge and skills in leadership of self and others*. Participants gain greater insight into their own leadership skills and style, enabling them to build a *practical roadmap to support leadership skill development*.

The program explores:

- practical leadership frameworks and theories
- workplace models of emotional intelligence
- self-leadership and leader resilience
- enhancing workforce capacity and sustainability
- bringing out the best in others, strengths focus
- managing with authority and power, managing up
- building teams and teamwork
- strategies for employee engagement
- dealing with change and conflict
- giving and receiving feedback
- crucial conversations for leadership

Michelle's Approach

Michelle is a master at sharing theoretically informed, but practical solutions and strategies, that can be implemented quickly and immediately provide tangible results. Her ability to engage with people and create psychological safety within a workplace environment is her zone of genius.

Over the past decade, Michelle has been privileged to deliver training and facilitate powerful change to many workplaces, to over 35,000 professionals. She has shared the wisdom of many years in leadership roles in public health, running her own private health service and the practical knowledge of understanding how people create psychological and behavioural change informed by her mental health practice.



Testimonials from Michelle's workshops in Christchurch in 2017

"Thank you for a wonderful two day training, I've taken away so much to use in my professional and personal life. Thank you for so openly sharing your wisdom. I have attended a lot of leadership training, but your approach resonated with me most. You made it very practical and real. Not just a theory that needs to be applied. I cannot thank you enough!"

Aneesa Kathrada

Senior Advisor OT

Dept of Ed, Training and Employment Qld

"Michelle is an inspiring influencer. The training in Leadership was invaluable, highly recommend this to others. Michelle delivers information that has strong theoretical frameworks in a very practical way, with immediate take home strategies. I took so much away with me that will forever influence how I lead myself and lead others. Thank you!"

Heidi Bortfield OT Manager

Lifestart,NSW

Course Co-Ordinator and Contact Details

Randa Abbasi Owner – WorkSpace IQ – M: 021 1971 060 E: randa@workspaceiq.co.nz

REGISTRATION FORM
Leadership and Leader Resilience Training
23-24th March, 2020

NAME:

PHONE:

EMAIL ADDRESS:

OCCUPATION:

Dietary Requirements:

Venue: Presbyterian Support, 44 Bealey Avenue, Christchurch

Please allow time to find street parking.

Time: Registration 0845, 0900 start. Finish 1630

Cost includes:

- Morning tea, lunch and afternoon tea
- Comprehensive workshop manual and resources

Please complete this email and return to: info@workspaceiq.co.nz

Name and email address for invoice:

Full Cost:

Early Bird until March 6th, 2020 - **\$650 incl. GST**

After March 6th - **\$750 incl GST**

Any specific course or payment enquires please contact
Randa on
021 1971 060 or randa@workspaceiq.co.nz